



PACKING INFORMATION

We are excited to have you join us for a COR Expedition this winter! Please read over the following information carefully in order to prepare for your course and arrive with the proper clothing and personal gear. The second page of this document is a complete packing list, including both the items that are available from COR *at no additional cost* and the items that you must bring yourself. If you don't have any of the required NON-COR items please ask a friend or ask the Zimmer's. They might have extra gear or their uncle, the director of COR, can bring some extra items that COR doesn't provide. Please submit your gear reservation form for the items available from COR via the link below. Forms must be submitted by this Wednesday, December 14 to guarantee proper sizing and availability.

- Pack items suitable for backpacking – i.e. lightweight and compressible
- NO COTTON CLOTHING
- Backpacks should have a capacity of 40+10L or more
- If you are packing for the trip in your own backpack, please bring a second bag (book bag/duffle) to contain items that will remain in the car
- Sleeping bags should be rated for 15-20°F and have a compression sack
- Ski apparel such as a ski jacket or ski pants should be only lightly insulated (if at all) and have venting capabilities. Traditional resort wear is not designed for the type of uphill travel that we'll experience on this trip, and will leave you sweaty and cold rather than warm and dry. For example, a rain jacket with a puffy jacket under it is better than one really warm ski jacket that can't be layered.
- Remember that weather can change rapidly in the mountains! Anticipate temperatures from 0° to 40°. Warm layers are essential.
- COR Expeditions provides stoves, cooking supplies, group gear and food. There is no need to bring these items.
- ALL items on the following list are **required** unless otherwise stated
- Rental Gear is provided *at no additional cost!*
- **You will be responsible for the full replacement cost of any lost or damaged gear** beyond normal wear and tear or manufacturing defect.
- If you have questions about any of the items on this list as you prepare for your trip, please contact us! We are more than happy to help! 307-335-4334

Items Available from COR (no additional cost)*

*Fill out the gear reservation form at the link provided to request these items. If you do not request an item, it is assumed that you are bringing it yourself.

ITEM NAME	REQUIRED
Mid-weight Fleece or Synthetic Layer Sweatshirt	1
Heavy-weight Puffy Jacket	1
Waterproof Rain Jacket/Ski Shell	1
Waterproof Rain Pants/Ski Pants	1
Beanie/Warm Hat	1
Balaclava	1
Gloves/Mittens (one pair from COR, please bring another pair yourself)	1 pair from COR
Alpine Touring Skis	1 pair
Alpine Touring Ski Boots	1 pair
Ski Skins (go on the bottom of skis to go uphill)	1 pair
Ski Poles	1 pair
Internal Frame Expedition Backpack (40+10L or more)	1
Sleeping Bag (15-20°F) w/compression sack	1
Headlamp w/extra batteries	1

Items NOT Available from COR

You must bring these items yourself.

ITEM DESCRIPTION	REQUIRED
Hut shoes (croc's or slippers for use in the ski hut)	1 pair
T-shirt (preferably non-cotton)	1-2
Long Sleeve Shirt (preferably non-cotton)	1-2
Base Layers pants (non-cotton thermal leggings/long underwear)	1
Underwear	2
Wool or Synthetic Hiking/Ski Socks	2-3 pair
Liner Socks (very thin socks that prevent blisters) OPTIONAL	1 pair - OPTIONAL
Waterproof Mittens/Gloves (bring at least 1 pair and COR will provide 2nd pair)	2 total pair
Sun Hat or Ball Cap and Bandana	1 each
32oz Leak Free Water Bottle (Nalgene brand or similar)	1
Sunglasses (<i>not</i> ski goggles), Sunscreen, Lip Balm, Sunscreen (travel sizes)	1 each
Personal Hygiene: Toothbrush/paste, deodorant, etc. (travel sizes)	1 each