



Dear Families,

We are so excited that you have decided to join us this year at the COR Ranch. We want to welcome you and share some information to help you prepare. In this letter you will find directions to the COR Ranch, a packing list, and other helpful details. Please read through the following information carefully and refer to the packing list as you prepare your suitcases.

Health Form

Every family must complete the online health form prior to arrival at the COR Ranch. This form provides our staff with important information regarding your family's food allergies and medical history. Only one form should be completed per family.

Please visit corexpedititions.org/oasis-retreat to submit the form.

Estimated time to complete: 10-15 minutes

Due: Two weeks prior to your arrival date

Waiver & Photo Release

Every family member 18 and over must sign our online waiver and photo release and a parent/guardian must sign for anyone under 18.

Please visit corexpedititions.org/oasis-retreat to submit the waiver and photo release.

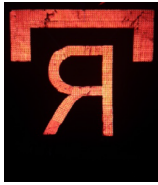
Emergency Contact Information

Ranch Phone Number: 307-203-3161

While there is no cell service at the ranch, it does have a landline phone. Please use this number if you are going to be late for dinner or if your arrival will be delayed. This number may also be given to your family and friends as a way to reach you in case of emergency during your stay.

Driving Directions

Make sure you follow the directions provided below. Be careful using a GPS, including Google or Apple Maps; simply entering the address does not always get you all the way to the ranch.



The COR Ranch is a historical dude ranch called the Box R Ranch and Box R Ranch signs still mark the roads. The sign/logo, shown in the image to the left, is a red R in reverse with a half box above the R. If you encounter any ranchers and are seeking directions, you should tell them that you are going to the Box R Ranch; they won't know anything about COR Expeditions.

Address: 552 Willow Creek Rd, Cora, WY 82925

Google Maps: <https://goo.gl/maps/fJo4hz5CgEs>

Turn by Turn Directions from Pinedale, WY:

1. From Pinedale, drive West on US-191 for about 6 miles and turn right (North) onto WY-352.
2. Drive about 8 miles (you will pass through a tiny town called Cora) and turn right (East) onto New Fork Willow Creek Road (marked by a Box R sign). If you see Forty Rod Rd. on the left, you just missed the turn.
3. Drive 5.5 miles and make a hard right turn at a group of 3-4 large boulders. There is no road sign but there is another Box R sign.
4. Drive about 3 miles, continuing straight when other roads meet this one. You will dead-end at the Ranch.

Turn by Turn Directions from Jackson Hole, WY:

1. From Jackson Hole, drive South on US-191 for about 14 miles to Hoback Junction and turn left onto US-191/189.
2. Stay on US-191/189 for about 46 miles and then turn left (East) onto Forty Rod Road.
3. Drive about 5 miles, then turn right (South) onto WY-352.
4. Take the first left (0.2 miles) onto New Fork Willow Creek Road (marked by a Box R sign).
5. Drive 5.5 miles and make a hard right turn at a group of 3-4 large boulders. There is no road sign but there is another Box R sign.
6. Drive about 3 miles, continuing straight when other roads meet this one. You will dead-end at the Ranch.

Arrival Instructions:

When you arrive, you will see the main lodge with a large parking area in front of the ranch yard fence. If a staff member does not come out to greet you, use either door on the left side of the main lodge to go inside, or, if there are registration signs posted, proceed according to their instructions. A staff member will direct you to your lodging and orient you to the ranch. The staff will be available throughout the week if you have any questions, needs, or concerns.

Packing List

Basic Packing:

- Clothing Suggestions - non-cotton clothing for hikes, rain coats, pants *and* shorts, warm jackets for the cool nights. The climate in this area can vary greatly even in June and July; bring layers so you can adjust to the weather. *(You can expect night-time lows to be in the upper 30s and day-time highs to be in the 70s or 80s. Quick afternoon thunderstorms are fairly common.)*
- Hiking shoes or boots
- Water shoes for canoeing or swimming at the lake
- Swimsuits (or wetsuits if you have them for little kids) for swimming at the lake
- Towels for both swimming and showers
- Toiletries - shampoo/conditioner, toothbrush/toothpaste, deodorant, etc.
- Sun Protection - The ranch is at an elevation of 7700 ft. which means that you are closer to the sun than many areas of the country. Sunscreen, sun hats, and sunglasses are highly recommended.
- Bug Spray - It's hard to tell how many bugs there will be, so come prepared.
- Daypacks/Backpacks - To carry lunch, water bottles, extra layers, etc.
- One reusable water bottle per person **required** - please mark with your name

Extras:

- Camp Chairs - The ranch has limited camp chairs, if you have your own and have space in the car, please bring them.
- Musical Instruments - Feel free to bring a guitar, harmonica, fiddle, etc. for around the campfire.
- Flashlights or Headlamps - for walking around the ranch at night (the cabins do have electricity).
- Bikes or Fishing Rods - While we do have a limited selection of bikes and fishing rods, if you'd like to bike or fish, you may wish to bring your own to ensure availability.
- Games and Sports Equipment - We have a limited selection of board games and sports equipment. Please bring your favorite family games or sporting equipment to share with other families if you have space in your car.
- Baby Monitor - Don't forget your baby monitor if you have younger kids who go to bed early or go down for a nap while you stay up later.
- Booster chair - We have limited booster chairs and highchairs available. If you need either of these and have space in your vehicle, please bring them.
- Life Jackets - We have a limited number of infant and child life jackets for canoeing and swimming in the lake so if you have any and can bring them, please do.
- Water Guns - One last item your kids might want is a water gun/cannon. During the day it can get hot and a fun water fight can be a great way to cool off.
- Snacks - Feel free to bring your own stock of snacks or drinks that will help you and your kids enjoy your stay. You may also bring your own adult beverages.

Bedding & Bathroom Linens

Bedding: Your beds will be clean and made upon arrival. COR does *not* have daily linen service; however, there is a laundry room available if you need to do any laundry.

Bathroom Linens: COR will provide hand towels in each bathroom - please bring your own bath towel.

Extras: COR has a limited number of extra pillows, blankets, and towels available upon request, but it is recommended that you bring some of your own if you think that you will need them.

Cabin Water and Showers

Water Pressure: As you all know, this is a rustic ranch. In fact, it is a Centurion Ranch that has been in operation for over 100 years. The water for the ranch comes from a spring up in the mountains and the water pressure is gravity fed. The water pressure is great for a few showers at a time but if every shower is running together the pressure is low. While all the rooms have their own shower, we ask guests to take short showers and if the pressure is low as you start the water please wait 5 or more minutes until the pressure is up again.

Meals

Breakfast: A hot breakfast will be served each morning after mass in the main lodge. (Daily mass will typically be around 8am.)

Lunch: During breakfast there will be a "sack lunch bar" where you and your family can build your own sandwich or deli wrap and pack a bag of chips, piece of fruit, and granola bar in a brown bag. You and your family will then be able to go and do any activities during the day and eat lunch on your own schedule.

Dinner: Each evening there will be dinner around 5 or 6pm, often accompanied by a simple dessert such as brownies, cookies, or s'mores around the campfire.

Extra Snacks and Drinks: You know your family's needs, if you know your kids need extra food or drinks for meals, or that special snack, please bring supplemental food (we will always have extra bread and PB&J). We will have lemonade available and coffee, tea, and hot chocolate but if you want other drinks or adult beverages feel free to bring them.

**All three meals will have vegetarian, gluten free, dairy free, and peanut free options. We will be aware of any dietary needs from your registration and health form. However, please remind the staff about your dietary restrictions when you check in at the ranch.*

***While our staff will be primarily responsible for dishes and kitchen cleanup, we may ask family members to assist our staff so they can have the energy for the daily and nightly activities with your kids.*

General Ranch Safety

The ranch will have anywhere from 40-80 people staying with us at any given time and there will be a lot of children running around. Your children's safety is your responsibility unless your kids are specifically on an activity managed by our staff. The large ranch yard, main lodge, and cabins are enclosed by a fence, but this is a working ranch with 250 head of cattle, old dilapidated buildings with many rusty nails, etc. While we will provide a basic tour for your family of places to avoid, it is up to you to make sure your children follow all of our rules and expectations. Furthermore, a child's freedom on the property is up to the parents' discretion. While some parents may allow a 10-year-old to roam free, another family may only allow a 14-year-old to roam free. Safety is our first priority for your children and if we see anyone not following the rules and expectations we have set out we will notify parents and expect improved behavior.

In addition, this ranch is connected to the wilderness boundary and it is in grizzly bear, mountain lion, and wolf country. While it is extremely rare to see these animals on the ranch or even in the wilderness, it is still a danger for children to go wandering into the woods in small numbers without adults. Having said that, the cabin and play area is about 1/8 of a mile to the "forested wilderness," so a kid would really have to explore far from the ranch. This information isn't designed to scare you and the ranch has minimal risk, but it also has the potential of higher risk for kids who decide to wander off. Again, our staff are not responsible for watching your kids unless it is a specific activity where it will be clear that they will keep an eye on your kids. Furthermore, in order to keep the ranch free from animals we have a strict trash policy on the ranch; any food left on the ground encourages animals to come onto the property and smaller animals are followed by larger animals.

While we will advise your family of all of these concerns upon arrival, it is important for your children to understand these rules. We encourage you to take some time prior to your arrival on the drive to frontload some of these safety concerns to your children so it is in their heads when they arrive. Finally, our staff are very comfortable with living in the wilderness among the large animals and know how to keep your families safe. More importantly, they love working with children and sharing their passion for Christ through the outdoors. In addition, our staff are trained in wilderness medicine and more importantly will use their experience and training to keep your family as safe as possible during the guided outdoor activities.

Finally, if you have any questions please call our office at 307-335-4334 or email us at info@corexpeditions.org.

We look forward to seeing you all this summer.
Tom and the COR Expeditions Team

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