Dear Families,

We are so excited that you have decided to join us this year at the Box R Ranch. We want to welcome you and share some information to help you prepare. In this packet you will find directions to the COR Ranch, a packing list, activity information, and other helpful details. We pray that the next couple of weeks are peaceful, that your packing goes smoothly, and that your travel to Wyoming is safe. Please read through the following information carefully and refer to the packing list as you prepare your suitcases.

Health Form

Every family must complete the online health form at least two weeks prior to arrival at the COR Ranch. This form provides our staff with important information regarding your family's food allergies and medical history. Only one form should be completed per family; the estimated time needed to complete the form is 10-15 minutes. Click <u>HERE</u> for the form.

Waiver & Photo Release

Every family member 18 and over must sign our waiver and a parent/guardian must sign for anyone under 18. The waiver and photo release can be signed online HERE.

Emergency Contact Information

Ranch Phone Number: 307-203-3161

While there is no cell service at the ranch, it does have a landline phone. Please use this number if you are going to be late for dinner or if your arrival will be delayed. This number may also be given to your family and friends as a way to reach you in case of emergency during your stay.

Driving Directions

Make sure you follow the directions provided below. Be careful using a GPS, including Google or Apple Maps, as simply entering the address does not take you all the way to the ranch.



The COR Ranch is a historical dude ranch called the Box R Ranch and Box R Ranch signs still mark the roads. The sign/logo, shown in the image to the left, is a red R in reverse with a half box above the R. If you encounter any ranchers and are seeking directions, you should tell them that you are going to the Box R Ranch; they won't know anything about COR Expeditions.

Address: 552 Willow Cr Rd, Cora, WY 82925

Google Maps: https://goo.gl/maps/fJo4hz5CgEs To find the correct location in google maps, search for 'Box R Ranch WY'. Do NOT choose the auto selected option. Once you complete the search, the correct location is the Box R Ranch that says 'Permanently Closed.'

Turn by Turn Directions from Pinedale, WY:

- 1. From Pinedale, drive West on US-191 for about 6 miles and turn right (North) onto WY-352.
- 2. Drive about 8 miles (you will pass through a tiny town called Cora) and turn right (East) onto New Fork Willow Creek Road (marked by a Box R sign). If you see Forty Rod Rd. on the left, you just missed the turn.
- 3. Drive 5.5 miles and make a hard right turn at a group of 3-4 large boulders. There is no road sign but there is another Box R sign.
- 4. Drive about 3 miles, continuing straight when other roads meet this one. You will dead-end at the Ranch.

Turn by Turn Directions from Jackson Hole, WY:

- 1. From Jackson Hole, drive South on US-191 for about 14 miles to Hoback Junction and turn left onto US-191/189.
- 2. Stay on US-191/189 for about 46 miles and then turn left (East) onto Forty Rod Road.
- 3. Drive about 5 miles, then turn right (South) onto WY-352.
- 4. Take the first left (0.2 miles) onto New Fork Willow Creek Road (marked by a Box R sign).
- 5. Drive 5.5 miles and make a hard right turn at a group of 3-4 large boulders. There is no road sign but there is another Box R sign.
- 6. Drive about 3 miles, continuing straight when other roads meet this one. You will dead-end at the Ranch.

Arrival Instructions:

When you arrive, you will see the main lodge with a large parking area in front. If a staff member does not come out to greet you, use either door on the left side of the main lodge to go inside, or, if there are registration signs posted, proceed according to their instructions. A staff member will direct you to your lodging and orient you to the ranch. The COR staff will be available throughout the week if you have any questions, needs, or concerns.

Packing List

Basic Packing:

	Clothing Suggestions - non-cotton clothing for hikes, rain coats, pants <i>and</i> shorts, warm jackets for the cool nights. The climate in this area can vary greatly even in June and July;
	bring layers so you can adjust to the weather.
	Hiking shoes or boots
	Water shoes for canoeing or swimming at the lake
	Swimsuits (or wetsuits if you have them for little kids) for swimming at the lake
	Towels for swimming and showers
	Toiletries - shampoo/conditioner, toothbrush/toothpaste, deodorant, etc.
	Sun Protection - The ranch is at an elevation of 7700 ft. which means that you are closer
	to the sun than many areas of the country. Sunscreen, sun hats, and sunglasses are
	highly recommended.
	Bug Spray - It's hard to tell how many bugs there will be in June/July, so come prepared.
	Daypacks/Backpacks - To carry lunch, water bottles, extra clothes, etc.
	One reusable water bottle per person <i>required</i> - please mark with your name
Extro	
	Camp Chairs - The ranch has about 15 camp chairs, if you have your own and have space
	in the car, please bring them.
	Musical Instruments - Feel free to bring a guitar, harmonica, fiddle, etc. for around the campfire.
	Flashlights or Headlamps - for walking around the ranch at night (the cabins do have
	electricity).
	Bikes or Fishing Rods - While we do have a limited selection of bikes and fishing rods, if
	you'd like to bike or fish, you may wish to bring your own to ensure availability.
	Games and Sports Equipment - We have a limited selection of board games and sports
	equipment. Please bring your favorite family games or sporting equipment to share with
	other families if you have space in your car.
	Baby Monitor - Don't forget your baby monitor if you have younger kids who go to bed
_	early or go down for a nap while you stay up later.
	Booster chair - We have limited booster chairs and highchairs available. If you need
_	either of these and have space in your vehicle, please bring them.
4	Life Jackets - We have a limited number of infant and child life jackets for canoeing and
_	swimming in the lake so if you have any and can bring them, please do.
4	Water Guns - One last item your kids might want is a water gun/cannon. During the day
_	it can get hot and a fun water fight can be a great way to cool off.
	Snacks - Feel free to bring your own stock of snacks or drinks that will help you and your kids enjoy your stay. You may also bring your own adult beverages.
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Bedding & Bathroom Linens

Bedding: Your beds will be clean and made upon arrival. COR does *not* have daily linen service; however, there is a laundry room available if you need to do any laundry.

Bathroom Linens: COR will provide hand towels in each bathroom - bath towels for showers may be available upon request.

Extras: COR has a limited number of extra pillows, blankets, and towels available upon request.

Cabin Water and Showers

Water Pressure: This is a rustic ranch. In fact, it is a Centurion Ranch that has been in operation for over 100 years. The water for the ranch comes from a spring up in the mountains and the water pressure is gravity fed. The water pressure is great for a few showers at a time but if every shower is running together the pressure is low. While all the rooms have their own shower, we ask guests to take short showers and if the pressure is low as you start the water please wait 5 or more minutes until the pressure is up again.

Meals

Breakfast: A hot breakfast will be served each morning after mass in the main lodge. (In general, daily mass will be around 8am.)

Lunch: During breakfast there will be a "sack lunch bar" where you and your family can build your own sandwich or deli wrap and pack a bag of chips, piece of fruit, and granola bar in a brown bag. You and your family will then be able to go and do any activities during the day and eat lunch on your own schedule.

Dinner & Dessert: Each evening there will be dinner around 5 or 6pm, often accompanied by a simple dessert such as brownies, cookies or s'mores around the campfire.

Extra Snacks and Drinks: You know your family's needs, if you know your kids need extra food or drinks for meals, or that special snack, please bring supplemental food (we will always have extra bread and PB&J). We will have lemonade available and coffee and hot chocolate but if you want other drinks or adult beverages feel free to bring them.

*All three meals will have vegetarian, gluten free, dairy free, and peanut free options. We will be aware of any dietary needs from your health form. However, please remind the staff about your dietary restrictions when you check in at the ranch.

**While our staff will be primarily responsible for dishes and kitchen cleanup, we may ask family members to assist our staff so they can have the energy for the daily and nightly activities with your kids.

Daily Activities

There will be a number of activities available each day both at the ranch and in the local area. When you arrive, you will be able to sign up for activities throughout your stay. Horseback riding, rock climbing, and canoeing will be spread out over the week since we have limited horses, climbing routes, and canoes. Maps and directions will be provided to various hiking trails, fishing spots, and other "self-led" activities as well as to the guided activities.

ROCK CLIMBING (Guided): All ages can come climbing! Little ones (2 and under) can hang out with parents or siblings while others take turns climbing (3 and up, at parents' & instructor's discretion). It is about a 45 min. drive to the climbing site and a 30 min. hike to the climbing area from the parking lot. Driving and hiking directions will be provided.

CANOEING: COR's canoes are located at New Fork Lake, about half an hour drive from the ranch. Families can use the canoes, PFD's, and paddles on their own without a COR staff. Check in with a COR staff member before you leave to receive PFD's and paddles! The canoes are waiting for you at the lake! There is a great beach for swimming and relaxing while other family members paddle around the cove.

HORSEBACK RIDING (Guided): Children 10 and up can go horseback riding (younger ages may be allowed at the wrangler's discretion). No prior experience riding is necessary.

- 2 HOUR RIDE: generally ages 10 and older at wrangler's discretion
- ALL AGES are welcome to meet & visit the horses in the corral when staff are available! **HIKING:** Any of the staff would be happy to recommend some hiking options and help you find them on a map. Guided hikes can be arranged upon request if there is a staff member available. **MOUNTAIN BIKING:** COR will have a limited selection of mountain bikes available for use on the ranch property or in the local area with staff permission if your vehicle is capable of transporting the bikes.

FISHING: There will be a few fishing rods and tackle available from COR. If you plan to fish, you will need to purchase a fishing license either online at https://wgfd.wyo.gov/apply-or-buy (click on 'Purchase Licenses') or at nearly any gas station in Wyoming. The Pinedale fishing or outdoor stores will have better information about the best places to fish in the area than our staff will. Tell them you are staying between Cora and the Green River Lakes.

- NON-WYOMING RESIDENT RATES:
 - Age 13 and younger: free
 - Age 14-17: annual is \$15 (daily is not available)
 - Age 18+: daily is \$14, annual is \$102, 5-day is \$56
- WYOMING RESIDENT RATES:
 - Age 13 and younger: free
 - Age 14-17: annual is \$3 (daily is not available)
 - Age 18+: daily is \$6, annual is \$27

RANCH DEMOS: Various demos and hands-on experiences will be available onsite at the ranch, which may include Black Powder Rifle Shooting, Farrier activities, Black-smithing, etc. Please bring change and small bills for the shooting range.

OTHER ACTIVITIES IN THE AREA:

- GRANITE HOT SPRINGS
- PINEDALE REC CENTER
- GRAND TETON & YELLOWSTONE NATIONAL PARKS
- AND MORE!

General Ranch Safety

The ranch will have anywhere from 40-80 people staying with us at any given time and there will be a lot of children running around. Your children's safety is your responsibility unless your kids are specifically on an activity managed by our staff. The large ranch yard, main lodge, and cabins are enclosed by a fence, but this is a working ranch with 250 head of cattle, old dilapidated buildings with many rusty nails, etc. While we will provide a basic tour for your family of places to avoid, it is up to you to make sure your children follow all of our rules and expectations. Furthermore, a child's freedom on the property is up to the parents' discretion. While some parents may allow a 10-year-old to roam free, another family may only allow a 14 year old to roam free. Safety is our first priority for your children and if we see anyone not following the rules and expectations we have set out we will notify parents and expect improved behavior.

In addition, this ranch is connected to the wilderness boundary and it is in grizzly bear, mountain lion, and wolf country. While it is extremely rare to see these animals on the ranch or even in the wilderness, it is still a danger for children to go wandering into the woods in small numbers without adults. Having said that, the cabin and play area is about 1/8 of a mile to the "forested wilderness," so a kid would really have to explore far from the ranch. This information isn't designed to scare you and the ranch has minimal risk, but it also has the potential of higher risk for kids who decide to wander off. Again, our staff are not responsible for watching your kids unless it is a specific activity where it will be clear that they will keep an eye on your kids. Furthermore, in order to keep the ranch free from animals we have a strict trash policy on the ranch; any food left on the ground encourages animals to come onto the property and smaller animals are followed by larger animals.

While we will advise your family of all of these concerns upon arrival, it is important for your children to understand these rules. We encourage you to take some time prior to your arrival on the drive to frontload some of these safety concerns to your children so it is in their heads when they arrive. Finally, our staff are very comfortable with living in the wilderness among the large animals and know how to keep your families safe. More importantly, they love working with children and sharing their passion for Christ through the outdoors. In addition, our staff are trained in wilderness medicine and more importantly will use their experience and training to keep your family as safe as possible during the guided outdoor activities.

Finally, if you have any questions please call our office at 307-335-4334 or email us at info@corexpeditions.org.

We look forward to seeing you all in a few weeks. Tom and the COR Expeditions Team

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